

The importance of Seaweed in the Famine:

Used locally as a dietary supplement and for the treatment of ailments such as Rheumatism, Bronchitis, Muscle Cramps and Anaemia to name but a few. You will be introduced to the traditional and contemporary uses/ applications of seaweeds and given samples to taste.

TOUR PRICE INCLUDES:

- TOUR GUIDE
- SHEEP HERDING (**HIGHLY RECOMMENDED**)
- LIVE MUSIC (**MOST POPULAR**)
- LOCAL HISTORIAN
- LOGAINMNEACHA – CRACKING THE CODE
- INTRODUCTION TO SEAWEEDS
- LIGHT LUNCH

Join us on this unique experience and turn the key to unlock the little-known stories and customs of the past. The scenery will 'take the talk a ya', the music will beguile you and the craic will live long in your memory.

Bigí linn – Giorraíonn Beirt Bóthar (Two shorten the road)



Please Scan QR Code
for more details



BOOK NOW

Head Office: Rosport, Co. Mayo

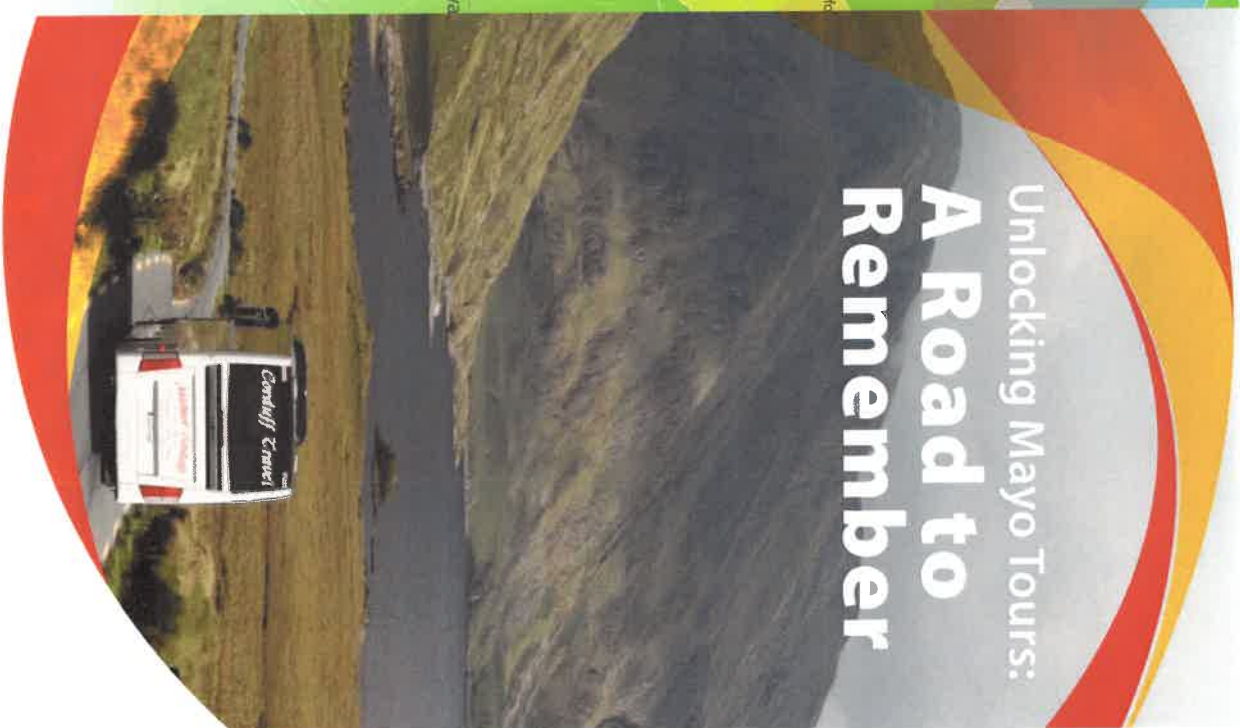
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Unlocking Mayo Tours: A Road to Remember



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Join us on the tour the locals do

The tour starts with detailed, insightful, local narration around, 'An Gorta Mór' (The Great Famine) in the South Clew Bay area as you meander in comfort along the Wild Atlantic Way taking in the breath-taking views across the bay towards Achill and Mullranny.

1st stop: Croagh Patrick

Ireland's holy mountain known locally as 'the Reek.' It has been a key site of pagan devotion for millennia and of Christian pilgrimage since the time of Saint Patrick. Take a short stroll to the Coffin Ship famine monument, St. Patrick's statue or historic Murrisk Abbey

2nd stop: Kilgeever Abbey

A 7th century site where you will see engraved standing stones from the period as well as the ruined remains of a 12th century church. Have a chat to our local historian who will introduce you to some local folklore, or dip your hand in the famed holy well, said to hold the cure for eye ailments.

3rd stop: Louisburgh

You will be treated to a light lunch as you are entertained by gifted local musicians who get the foot tapping and the heart pumping. We're on west of Ireland time now so relax, kick back and enjoy the local hospitality.

4th stop: Glenkeen Farm

Retrace the fateful journey of the 600 destitute locals who walked from Louisburgh to Delphi lodge through Glenkeen (The valley of tears) in 1849. Witness a mesmerising demonstration of the use of border collie dogs for sheep herding on the Sheefry Hills and chat to a local sheep farmer and dog trainer about his art.

Upon leaving Glenkeen you descend into the breath-taking Doolough Valley and pass the one-time residence of Captain Houston.

5th stop: Aasleagh Falls & Leenane

After a brief stop at the falls, a beauty spot made famous by the movie, 'The Field,' you continue to the enchanting village of Leenane in Connemara before returning to Westport.

